

COMPLIMENT CONTEST

If some of your kids have trouble saying nice things to each other, try this. It makes a competitive contest out of giving compliments.

Have the group sit in a circle and put one person in a chair in the middle of the circle. The person in the middle gets to choose two people: one will be complimented and the other will compete in complimenting with the person who is doing the choosing.

Both give their compliments, and the person who is the object of the compliments decides which compliment he or she likes the best. Of course, they may have trouble deciding, but they must choose one over the other. The person whose compliment was not chosen must then take the center chair.

A variation is to have the person in the middle be the recipient of compliments from two people he or she chooses. Then the winning compliment giver takes that person's place in the center and gets to receive compliments next. A game like this can help kids get used to the idea of building each other up.